

**School Council Agenda**  
**January 14, 2020**  
**6:30 p.m. School Library**



**1. Welcome and Introductions**

**2 minutes**

**Principal Report and School Updates**

**10 minute**

- Dale McDougall is back full time
- Assemblies are now on hold due to work to rule strike action the Umbrella project on hold as well
- Before the holidays the students put on an amazing talent show- cello, dancing, rubix cube competition, singing etc
- Student leadership teams working on some spirit days- "younique"
- Math teachers have been working in learning groups focused on comprehensive math/literacy approaches with support from Learning Services consultants to explore using small group instruction to address gaps in foundational concept. Phase 2 gap intervention to work with students identified as missing some foundations in math and reading. Math will focus on fractions and reading with focus on paragraph writing and summarizing.
- Staff meetings and all other board directed learning sessions are on hold due to work to rule strike action
- Term one report cards, not sure what that will look like at this point due to work to rule strike action. Likely a hard copy of students marks only- no comments, not inputted into the computer. Marks submitted Jan 31- report cards handed out Feb 18th. All in class work is still being done, observations, notes etc are all there for assessment is all happening just the formal communication is not being shared
- Grade 7 Wrigleys field trip 5 of 8 classes went but three classes postponed due to work to rule strike action- Wrigleys has offered to come to the school to do the program or the teachers will do a simulation of the game during class time for the classes who missed the trip
- Caribou math contest coming up this Thursday as well Guass will happen the beginning of May
  
- There are a couple of social groups being run by Mr. Brouse some one on one and small groups
- Mr. Nagy has extended his leave until March break and Mr. Brouse will stay on for the extension
- Mrs. MacMillian will be back from her maternity leave
- Grade 8's will begin course selections early February, Guidance will visit Grade 8's in January regarding course selection any additional info will come home with report cards. Course selection will happen online and can be done at school starting mid February (14-23) . All grade 8's have access to My Way- lots of links and info for the students in regards to courses
- Girl's volleyball team won the championship, basketball tryouts started and had a great turnout however the team will not proceed due to work to rule strike action. Intramurals are still going on and clubs are continuing during school hours
- Spikeball sets purchased by school council are a huge success

**1. Teacher's Report 10 minutes**

- Nothing shared from staff due to work to rule strike action

**2. Treasurer Report 5 minutes**

- Our bank balance as at January 13, 2020 is \$12,209.62. The balance consists of a \$13,666.38 carryforward from the previous school year together with the following 2019/20 school year transactions:
  1. We have two YTD cash receipts for \$1,608.04 for ESNS rebates. We have yet to receive the December 2019 ESNS rebate
  2. We have one cash disbursement for \$3,064.80 for the purchase of armour stones from John's Nursery. We are awaiting the invoices for the spike ball purchases which are estimated to be \$1,500.

**2. Council Led Projects 5 minutes**

- Rebecca Marshall 8-4 winner of N4L regional Christmas card contest. Prize received was \$400 for our school's Nutrition for Learning program and a \$100 indigo gift card for Rebecca
- Rocks purchased for outdoor seating. Rocks have been set up in groups of three semi circles on the yard
- Spikeball sets purchased

**3. Fundraising Initiatives/Staff Wish List Zamal/Beverlie 5 minutes**

- a.) COBS Bread – Fairway Plaza – 10% of purchase – ongoing – payout in May
- b.) ESNS – ongoing

**Possible ideas for use of fundraising money**

more spikeball equipment- possibly larger sets to accomodate more players, more sturdy set for outdoors

running track- very costly

extend the tarmac and add more basketball nets- looking into costs and feasibility- **first priority**

outdoor ping pong tables-fairly costly- \$2550-\$5000 per table

exercise equipment- equipment with non moving parts

outdoor seating with games

Staff will come back next month with some pricing and more concrete ideas

**4. Other Business 5 minutes**

- January 27th Grade 8 Graduation photos
- **WRAPSC** (Waterloo Region Assembly of Public School Councils) –  
Next meeting (Feb 4 – Forest Heights 7PM) Barbara Ward – WRDSB School Mental Health Lead - will provide resources for the following topics:
  - a. Human Trafficking
  - b. Cannabis and Vaping in Schools- this seems to be the most important to our group to get information to

c. Student Mental Health

WRAPSC would like us to discuss these topics and give feedback on what we feel is important and what these topics look like in our school. See page 2-3 of this document below.

**OUR FEEDBACK**

**\*\*\*what of these items are part of the curriculum already?**

**\*\*\*information being available isn't enough- seems to be better as an initiative from the school**

**\*\*\*cannabis and vaping are important issues to be addressed**

**Future Meeting Dates**

February 11, 2020 April 14, 2020 May 12, 2020

June date TBD if needed

Hello WRAPSC Members,

Thank you for the opportunity to connect and consult with school council members. We have been very busy in developing and implementing resources to support student mental health and well-being.

**I. Human Trafficking:**

I would like to consult with you on Human Trafficking curriculum that was developed by local service providers. I will share our implementation plan in the meeting for building staff capacity and student knowledge on this topic, and consult with you on which grades would be suitable for this type of curriculum. <https://www.therecord.com/news-story/9710109-waterloo-region-public-school-board-adopts-sex-trafficking-awareness-curriculum/>

**II. Cannabis and Vaping**

We also have information on vaping and on cannabis for students to increase their knowledge about these substances and to help them to engage in critical thinking re: decisions. In working with our local Public Health team, they have developed resource kits for teachers to use in schools. I will review the implementation plan and would appreciate hearing your thoughts about how to further help students. We also have resources to help treat student addictions in schools.

Here are the links to the electronic resource:

Cannabis Information Kit files

[https://drive.google.com/open?id=1hUx-ALPg3fgfNcDTLOqC9\\_Aw-VnCAL29](https://drive.google.com/open?id=1hUx-ALPg3fgfNcDTLOqC9_Aw-VnCAL29)

<https://www.regionofwaterloo.ca/en/health-and-wellness/resources/Documents/Cannabis-Information-Kit.zip>

Vaping Information Kit files

[https://drive.google.com/open?id=1yK4YaKCGrVLJc\\_N0Me4e4sgWWE0bXVib](https://drive.google.com/open?id=1yK4YaKCGrVLJc_N0Me4e4sgWWE0bXVib)

<https://www.regionofwaterloo.ca/en/health-and-wellness/resources/Documents/Vaping-Kit.zip>

***Use Your Instincts Campaign (Cannabis and Vaping)***

The Public Health departments from Central West and South West created a “Use Your Instincts” Vaping Prevention Social Marketing Campaign, which were extensively focus tested by youth in the Central West and South West regions. We are seeking your input on the value of running a similar campaign in our secondary schools. We are also consulting with Student Senate about this.

Here is a Link to the

materials: [https://www.dropbox.com/sh/eddggilwrcdyr7c/AAA\\_UQGZEbn3u10hy4Q00p03a?dl=0](https://www.dropbox.com/sh/eddggilwrcdyr7c/AAA_UQGZEbn3u10hy4Q00p03a?dl=0)

Additional Resources for Parents on Cannabis, and on Vaping: <https://www.drugfreekidscanada.org/>

**III. School Mental Health Ontario (SMHO) Resources**

School Mental Health Assist is now referred to as School Mental Health Ontario. Lots of new resources are available for schools staff at: <https://smho-smsso.ca/> There is a section for

“Parents/Families”.

A new help-seeking resource is available for students, created by [ThriveSMH](#), School Mental Health Ontario’s provincial student reference group. The short, print document is intended to be made available to students at schools and reminds students that no problem is #TooBigOrTooSmall to reach out and ask for help with.

The resource takes its lead from a recent province-wide student voice initiative, the results of which formed the [#HearNowON report](#). A key finding from that report indicated that students want help to recognize signs of mental health problems, and knowledge on how and where to seek help for oneself or a friend. Accordingly, this new student resource includes the following:

- self-care tips
- reflective questions to help young people recognize that they may need some help through struggles
- where to go for help
- conversation starters

<https://smho-smso.ca/wp-content/uploads/2019/12/Pocketbook-3D.pdf>

I would like to hear from parents about the potential value of this resource, and about how you think we should distribute it. We are also consulting with the Student Senate on this.

#### ***Other SMHO Resources***

Skills4Living Pilot in Select Secondary Schools-WRDSB is a pilot schools-for March 2020

Bell Let’s Talk Resource (grade 7/8). Copies will be distributed to teachers in the new year.

#### ***Additional Resources that we love***

<https://bethere.org/Home> This resource provides Mental Health Education 101, along with strategies to Be There for yourself and others.

[https://www.suicideinfo.ca/resources/?searchText=youth+at+risk&siec\\_database\\_item=](https://www.suicideinfo.ca/resources/?searchText=youth+at+risk&siec_database_item=) (Youth at Risk). This resource helps youth with the words to use when they need support re: suicide ideation, and helps youth know how to respond to a peer in need

Barbara Ward

**Donation Items for Nutrition for Learning**

- Zippered sandwich bags
- Apples
- Clementines
- Unsweetened Applesauce Cups
- Hidden Valley Ranch dressing
- Grocery store gift cards (Loblaws, Walmart, Costco are most convenient)



Sunspun Strawberry Spread Portion Packs (200x10mL)

**\$15.97** ea

Wholesale Club in Waterloo



Lactantia Butter Cups (120x6.50g) **\$11.97** ea

Wholesale Club in Waterloo



Quaker Chewy Granola Bars – Peach and Apple Cinnamon flavours follow our

guidelines